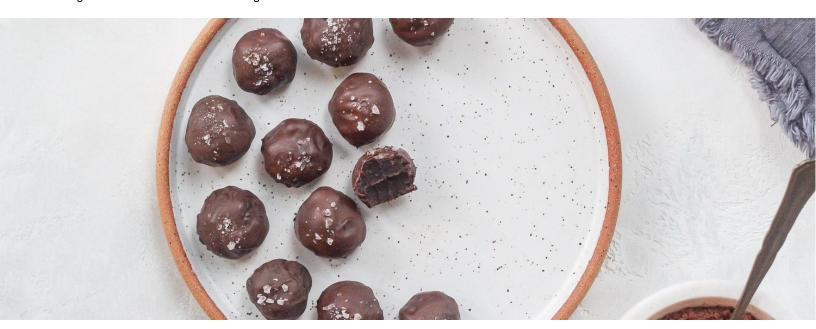
Decadent Chocolate Peppermint Truffles

7 ingredients · 20 minutes · 10 servings



Directions

- Add the dates to a medium-sized bowl and cover with just-boiled hot water. Let them sit for 8 to 10 minutes.
- Drain the dates and add to a blender or food processor along with cocoa powder, peppermint extract and coconut oil. Process until the mixture comes together.
- 3. Remove the chocolate mixture and scoop into rough teaspoon-sized balls. Don't roll them with your hands just yet as they will be too oily. Place them on a parchment-lined baking sheet and put them in the freezer to set for about 8 to 10 minutes.
- **4.** In a small bowl, add the chocolate chips and microwave on high for 30 to 45-second intervals until melted. Stir with a spoon to fully combine.
- 5. Remove the truffles from the freezer and use your hands to smooth them into balls. Take each ball and roll into melted chocolate with a spoon and then place them back on the baking sheet. Top with flaky sea salt and let them sit for 5 to 10 minutes to set or place in the fridge to set faster. Enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to seven days.

Serving Size

One serving is equal to approximately two truffles.

Additional Toppings

Top with crushed up candy cane or shredded coconut flakes.

More Flavor

For a silkier chocolate coating, melt the chocolate chips with a bit of coconut oil.

Ingredients

1 cup Pitted Dates (packed)

3 cups Water (just boiled)

1/3 cup Cocoa Powder

1/2 tsp Peppermint Extract

3 tbsps Coconut Oil

1/3 cup Dark Chocolate Chips

1/4 tsp Sea Salt (large flakes, for topping)

Nutrition		Amount per serving	
Calories	133	Calcium	17mg
Fat	7g	Iron	1mg
Saturated	6g	Vitamin D	0IU
Trans	0g	Vitamin E	0mg
Polyunsaturated	0g	Thiamine	0mg
Monounsaturated	0g	Riboflavin	0mg
Carbs	17g	Niacin	0mg
Fiber	2g	Vitamin B6	0mg
Sugar	13g	Folate	4µg
Protein	1g	Vitamin B12	0µg
Cholesterol	0mg	Phosphorous	30mg
Sodium	61mg	Magnesium	22mg
Potassium	140mg	Zinc	0mg
Vitamin A	1IU	Selenium	1µg

