

# Yogurt & Berries

2 ingredients · 5 minutes · 2 servings



## Directions

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1. Divide yogurt into glasses or bowls. Top with thawed frozen fruit. (Do the reverse if you like the fruit on the bottom.) Enjoy!

## Notes

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### Dairy-Free

Use a dairy-free yogurt like coconut, almond or cashew.

### No Frozen Berries

Use any type of fresh fruit instead.

## Ingredients

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**2 cups** Plain Greek Yogurt

**2 cups** Frozen Berries (thawed)