



Cynthia Libert, M.D.  
Functional Medicine for the  
Brain & Body

# Caring for the Body, PLLC Patient Journey

*Optional*

## Discovery Session

Optional 30-minute Discovery Session with Dr. Libert to answer any questions before committing to move forward with Step 2. \$225

## Step 1: Strategy Session

*Free* 15-minute Strategy Session with Patient Care Coordinator. Find out if we're a good fit to work together and what program is right for you.

## Step 2: Initial Visit + Subsequent Review of Findings & Treatment Plan Consultation

4-6 hours of initial and follow-up consultations with Dr. Libert for diagnosis and treatment plan formulation. Brain Health Check-up (Cognoscopy) included if desired. \$1800-\$2700+, depending on time spent.

## Step 3: Choose a Treatment Program or the Maintenance Plan

Choose one of three offerings.  
Investment varies.

