



**BE TRANSFORMED**

*Caring for the Body*

## *Dr. Cindy's Statement of Faith*

I believe:

- ❖ In the divine inspiration and final authority of the Bible as the Word of God;
- ❖ In the eternal God revealed in Holy Scripture as Father, Son and Holy Spirit;
- ❖ In the unique Deity of Jesus Christ, God's only Son, whose death and resurrection provide by grace through faith the only means of my salvation;
- ❖ In the transforming presence and power of the Holy Spirit.

## *Prayer of Faith and Gratitude*

*"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." ~2 Timothy 1:7 Authorized (King James) Version (AKJV)*

Heavenly Father, thank you for your Love. I am so grateful that you **care** for me and that I don't have to strive or struggle. Thank you for being so very near. How incomprehensible it is that your Spirit is alive within me!

Lord, I trust you. I know that I don't have to worry about "finding" your will for my life. I trust that **you** are guiding me. You illuminate my path. I can rest in you, Jesus. Thank you for your promises. How sweet it is to know that you will never leave me.

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Jesus, you are the Way, you are Truth and you are my Life. Lord Jesus, I know that ALL things are ultimately for my good and your glory. Father God, thank you for perfect peace. Lord thank you for the knowledge that my soul is eternal and that you have known and loved me for all of eternity. Jesus, thank you for giving my life purpose.

Father, I know that you know my thoughts, my struggles, my burdens and my dreams. Thank you for giving me the desires of my heart. How awesome it is to know that your love and your Spirit flow through me!

My heart melts when you call me your precious child. Lord you suffered for me. You gave up your Life to save me! Father, I offer my life to you. Thank you for your Grace. How precious is my faith Lord, thank you for this gift.

Father thank you for allowing your Spirit to dwell in me. I know you are leading me in your righteous path. Jesus I desire to abide in you. Empower me to work out my salvation. I see your Spirit transforming my heart and mind. I receive your Love. Lord Jesus, let your Word dwell in me. I give You my life as an offering, Lord.

Father, thank you for your new gifts every morning: your gifts of mercy, grace and forgiveness.

Father, your very nature is Love; You are Holy, Perfect and Righteous. Father thank you for the gift of your Spirit. I desire to see your fruit in my life: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-control.

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Lord, you did not give me a spirit of fear, but of power and of love and of a sound mind. Lord I know that Your power is made perfect by my weakness. You reward me for obedience, Lord. Father, you give me every good gift. Jesus, YOUR yoke is easy and your burden is light. YOU do not put anything heavy or ill-fitting on me.

Lord, thank your for the gift of my free will...I choose You! My soul delights in You! My God is awesome! He sings over me and sends His angles to protect me. He equips me for spiritual warfare. I have a helmet of salvation, a breast plate of righteousness, a belt of truth, shoes of peace, and a sword with His almighty word. Because He is within me, no power on earth can stand against me.

My God is awesome! He is my Life, my Creator and my Healer. He loves every single person on planet Earth with an incomprehensible, relentless Love. He calls me to love, to forgive and to serve my neighbors. He calls me to seek, love and serve Him with my whole being –mind, body and spirit. He called me to LIVE in this world and gave me His Spirit to lift me out of the turmoil, strife, anxiety, bitterness, frustration, corruption, envy, greed, confusion, depression and darkness of sin. He calls me into the Light of His Love, into Truth, Beauty, Goodness, Peace, Order, Wisdom, Understanding, Joy, Health and Wholeness.

The good news is that we can ALL CHOOSE to live in the Light of His Presence now and for all eternity. Amen!

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